

*Senior Resources
For the
Town of Gardiner, NY*



“Empowering Seniors”

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Gardiner, New York



GARDINER LIVABLE COMMUNITIES COMMITTEE

Our Mission Statement

The mission of the GLCC is to explore the needs of local seniors so they may continue to stay in their homes with dignity and independence, while remaining involved in the community.

**GLCC Information Line
845-255-9675 Ext. 113**

Town of Gardiner, NY

General Information

Town Hall 255-9675

Town Supervisor

Carl Zatz 255-9675 x101

Council Persons

Warren Wiegand 255-7915

Mike Reynolds 633-8702

Richard Koenig 255-5822

Carmine Mele 255-6417

Clerk/Registrar/Tax collector

Michelle L. Mosher 255-9675 x100

Assessor

Maureen Gallagher 255-9675 x105

Bookkeeper

Darlene Halstead 255-9675 x102

Highway Superintendent

Charles Haynes 255-1381

Justices

John E. Savago 255-9675

Bruce Blatchly 255-9675

Zoning & Building Inspector

Henry M. Vance III 255-9675 x107

Town Historian

Dr. Carleton Mabee 255-9675

Board of Elections Office

334-5470

284 Wall Street

Kingston NY 12401

Ulster County Veterans Services Agency

845-340-3194

County Public Works Department (Roads)

340-3100

The Consumer Affairs Bureau

340-3260

Local Law Enforcement

State Police Highland Barracks: (845) 691-2922

County Sheriffs Office:(845) 340-3640

IN CASE OF AN EMERGENCY DIAL 911**Senior Club Information**

AARP Senior Club Marilyn Rogers 255-9206

Meets the first Monday of the month at St.

Charles Community Center in Gardiner at Noon.

New Paltz/Gardiner Senior Club 255-8962

Meets the 2nd and 4th Wednesday of the month
at the VFW on Route 208 in New Paltz at
1:30pm.

Health Services

Medicare

1-800-633-4227

Medicare is a health insurance program for people 65 years of age and older. It also supports individuals with disabilities under the age of 65.

EPIC (Elderly Pharmaceutical Coverage Program)

800-332-3742

EPIC is a New York State program that helps seniors pay for their prescription drugs by providing secondary coverage. Current EPIC members will see changes in coverage beginning July 2011. Additional changes in coverage will begin in January 2012.

Alzheimer's Association

845-471-2655

1-800-872-0994 (for outside Ulster County)

Family and patient support and information. Safe Return bracelets available.

Mental Health Support

845-340-4000

Ulster County Mental Health Department
239 Golden Hill Lane
Kingston, NY 12401

Benedictine Hospital Mental Health Services

845-338-2500

Inpatient Mental Health Service
Emergency Mental Health Service
Emergency/Inpatient Services: 24 hrs/day, 7 days/wk.

Lions Club Eye Institute

845-229-5561

Lions clubs have a special interest in assisting the blind - Helping individuals with getting annual eye exams and eye glasses. There are several locations in Ulster Co.

Speech and Hearing Center at SUNY New Paltz

845-257-3600

Provides hearing and speech tests at a reduced rate and also provides assistive hearing devices at a reduced cost from the general market price.

Medical Alert System

(845) 340-3456 (Office of the Aging)

Medical Alert devices enable a person living alone to have assurance that help is moments away. Devices worn around the neck or on the wrist send a signal to a central emergency response center.

Kingston VA Primary Care Outpatient Clinic

(845) 331-8322 ~ 63 Hurley Avenue, Kingston.

Transportation services are provided to County veterans to and from the Albany VA Hospital on a daily basis. Burial plots at no charge are available at the Ulster County Veteran's Cemetery.

Ulster County NY Connects

845-334-5307

Ulster County Health Care Resources and Information

Resource Center for Accessible Living

845-331-0541

ReCAL has a variety of medical equipment to take out on loan for a term of up to 3 months.

Emergency Response Systems and Interventions

Family of Woodstock

845- 331-7080

845- 331-0526

Family of Woodstock is a multi-program human service agency, providing crisis intervention services, emergency shelter and food programs, child care programs, and case management services.

Family of New Paltz

845-255-8801

Provide crisis intervention; emergency short-term counseling; information and referral; emergency food; access to emergency housing, and sponsors many support groups.

911 Senior Safety Cell Phones

845-340-3456

Cell phones that have been donated by the community are programmed for 911 only service. Call for more information.

United Way of Ulster County

2-1-1 Free Helpline

845-331-4199

United Way's 2-1-1 Helpline is a free, confidential multilingual service in partnership with Ulster County to assist the public in finding answers to a variety of Health and Human Services related questions. You can call or search the database about everything from basic needs like food, clothing and shelter to legal services, employment support, eldercare and more.

Jewish Family Services

845-339-2890

Provides services to people to all faiths through counseling and psychotherapy to clients in their homes, assessments, caregivers support, and supports groups for caregivers as well as grandparents raising grandchildren. Additionally they have a volunteer program that offers telephone reassurance for seniors who live alone, or are ill and in need of a friendly caller.

Transportation and accompaniment is also available through this program

Ulster County Office for the Aging

Anne L. Cardinale, APRN, BC, Director

1003 Development Court

Kingston, NY 12401

845-340-3456 or Toll Free at 1-877-914-3456

9:00 AM to 5:00 PM Mon-Fri

An organization that assists seniors to be as independent as possible, for as long as possible. They work as aids and advocates for seniors, offering information and referrals, as well as providing programs for a variety of services.

Ulster County Crime Victims Assistance Crisis Hotline

845-340-3443 Mon-Fri 9am-5pm

845-340-3442 nights, weekends & holidays

Household Assistance

Home Energy Assistance Program (HEAP)

845-340-3006

The Home Energy Assistance Program (HEAP) provides funding to help pay heating bills for income eligible household.

You can begin applying for a HEAP grant in October or November each year. HEAP provides grants on a first come, first serve basis until the funds provided for each heating season run out. If you received HEAP in the past year from the Office for the Aging, you will automatically receive a HEAP application for the present year.

Storm Water Hotline

845-339-8510

Call the County storm water hotline if you wish to report pollution discharges.

Weatherization Referral and Packaging Program

845-340-3006

WRAP offers a variety of services and resources to low income, vulnerable elderly to assist them in maintaining a safe, affordable, energy-efficient home.

Applicants must be full time Ulster County residents over age 60 and be responsible for their own heating costs.

Access to Home Program

(845) 331-0541

Rural Ulster Preservation Company (RUPCO) and Resource Center for Accessible Living (RCAL) have partnered to administer the \$200,000 Access to Home Phase IV program. This is a program for Ulster County residents with disabilities or frail elderly in need of accessibility modifications to their home. Benefits are income based.

Transportation

Dept. of Motor Vehicle Information Center

845- 340-3700

Ulster County Area Transit (UCAT)

845-334-8458

888-827-8228

Weekly Bus Schedule

The W Route, serving New Paltz, Ireland Corners, Wallkill and Plattekill, passes through Gardiner on Fridays at Ireland Corners. Schedules for all routes are available at the Town Hall or from UCAT.

Minimum Fare: \$1.00 (Seniors may ride for 1/2 Fare during the hours of 10am and 2 pm.) Must present a valid identification card upon boarding.

Seniors 60 and over, registered with the Office for Aging, may ride one round trip for shopping and two round trips for medical service per week free
(con't on next page)

(UCAT information cont'd)

on the Ulster County Area Transit System or the Office for Aging medical van. Seniors may give a voluntary contribution in lieu of the normal fare. Drivers will provide envelopes for contributions.

To make a reservation for next day curb to curb service call, Monday thru Friday, 9:00 a.m. to 4:00 p.m. Offers public transportation service throughout Ulster County, with limited service to Orange County and connecting service to Dutchess County. All buses are equipped with bicycle racks.

Transportation Services

845-340-3333

Once a week subsidized transportation is available for shopping. Medical transportation is available by appointment on Monday through Friday. Call for more information and to schedule appointments.

RSVP Transportation Program

(845) 339-2340

Transportation for medical appointments and shopping, friendly phone calling, helping with errands for those who are homebound and help with preparing and delivering meals. Does referrals for community services and support for caregivers. Seniors with physical disabilities or limitation who have no means of transportation may qualify for RSVP transportation services. Appointments must be scheduled 7 to 10 days business days in advance.

Meal Options

Congregate Meals from Office of the Aging

Available to Ulster County residents age 60 and over.
Enjoy social contact with people with similar interests.

Dining Sites

Meals are offered *every weekday* 11am-12pm only at the following locations:

Ellenville, Trudy Farber Building, 845-647-1605

Rosendale, Recreation Center, 845-658-8110

Saugerties, Robinson Street, 845-246-9987

Meals are offered on *Monday, Wednesday & Fridays* from 11 am - 12 pm in:

Kingston, Broadway & Hoffman Street, 845-339-4934

Meals are offered on *Thursdays* from 11 am - 12 pm in:

New Paltz, Town of New Paltz Community Center
845-255-3631

Guidelines

Please call the location between 10am and 2pm the day before so we are sure there are enough meals for everyone. If you have reserved a meal and cannot attend, please call the location 24 hours in advance.

There is no set cost, but a suggested amount of \$3.00 per meal contribution is requested to help defray the cost of the program. Cash, checks or money orders are accepted.

If you need general nutrition information or information about meeting needs of a special diet, please call our Registered Dietitian at 845-340-3456.

(Congregate Meals from Office of the Aging Cont'd)

Home Delivered Meals

845-334-5125

To receive Home Delivered Meals you must be 60 years of age and over, homebound and a resident of Ulster County who is unable to prepare their own meals or have meals prepared for them.

A home visit by the Office for the Aging or the Department of Social Services caseworker is required before the start of delivery meals.

Nutrition Counseling

845-340-3571

Nutrition counseling is available at the congregate meal dining sites or to homebound seniors by a Registered Dietitian.

Supplemental Nutrition Assistance Program (SNAP): Ulster County DSS

845-334-5200

The food stamp program is a state-administered federal nutrition assistance program; it is designed to be a supplement to the household budget.

Assistance is available to those who meet financial eligibility guideline.

Applications can be submitted from any computer location, even your local library.

Adult Day Care Centers

Social Model Centers: Day care services providing supervision and activities.

Always There Family Home Care

918 Ulster Ave, Kingston NY 12401

Ph: 845-339-6683

Greenkill Avenue Adult Day Care Center

107 Greenkill Avenue, Kingston, NY 12401

845-339-3679

Multi-County Community Development

11 Milton Avenue, Highland NY 12528

Ph: 845-691-7419

Medical Model Centers: Day care services providing medical monitoring, counseling, therapy and activities.

Ten Broeck Commons

One Commons Drive, Lake Katrine NY 12449

Ph: 845-336-6666

Nursing and Homemaking Service Providers

Always There Family Home Care

845-339-6683

Bermac Home Aides, Inc.

845-255-4200 or 800-281-2182

WillCare

845-331-5064

LEARNING OPPORTUNITIES

Gardiner Library

845-255-1255

133 Farmer's Turnpike, Gardiner, NY

The Gardiner Library provides a variety of programs and services for seniors such as: tai chi and yoga classes for staying fit, a Canasta game, Film Festival movies and Book Club. The Library also has a Large Print and Audio Books Collection. Sign up for notices of new events and programs.

Lifetime Learning Institute at SUNY New Paltz

(845) 257-SUNY

Membership in the Institute entitles you to a diverse array of courses every Fall and Spring, as well as scheduled special events.

Ulster County BOCES Adult Education

845-331-5050

Courses are offered at Highland and New Paltz campuses, as well as at other locations. Call for more information and to request a catalog.

L.I.F.E. Program at Mount St Mary

845-562-2076

Learning is Forever Enriching Community Education Program. Courses for adults age 55 and over at the Desmond Campus, 6 Albany Post Road, Newburgh, NY 12550. Available courses include a Speaker Series, Exercise Classes, Art & Nature, Technology, and Day Trips. Call for more information and to request a Catalog.

Live, Laugh, Learn

(845) 340-3456 (Office of the Aging)

Varied program of interesting topics offered by the Office for the Aging every August.

Senior Computer Learning Center

(845) 331 -9360

The Senior Computer Learning Center provides a variety of computer classes for adults age 50 and over taught by volunteer seniors.

LEGAL SERVICES**Legal Services of the Hudson Valley**

(845) 331-9373 Ext. 100.

Consumer Fraud Bureau, District Attorney

(845) 340-3260

The Office for the Aging

(845) 340-3456.

The Office for the Aging provides counseling on civil matters including wills, landlord/tenant problems and powers of attorney.

Ulster County Bar Association

845-331-0969

Public Defender's Office

845-340-3232

Senior Discounts

Discount Program. “F.A.V.O.R.”

(Find & Assist Veterans of Record) will give honorably discharged veterans the opportunity to apply for a County-issued I.D. card which will allow them to obtain discounts on goods and services at local participating businesses. Contact Ulster County Veterans Service Agency. Monday through Friday, 9:00 a.m. to 4:45 p.m. (845) 340-3190.

Local Businesses Participating in the FAVOR Program:

Tiger Lily Jewelers

845-255-9300 ~ 127 Main Street, Gardiner, NY

Hours: Wed—Fri 10 to 6, Sat 10 to 3

10% off—Excludes Special Orders and Repairs

Carmelo’s Barber Shop

845-214-2331~ 2201 Route 44/55, Gardiner, NY

Hours: Tues-Fri 9 to 5, Sat 8 to 2

\$1.00 Discounts

The Village Grill

845-255-9778~11 Old Route 299, New Paltz, NY 12561

10-15% Discount (10% on Fri-Sun) (15% Tues-Thurs) excludes alcohol. The Village Grill also offers a 15% off discount to seniors Tuesday, Wednesday, and Thursday.

(Not to be combined with any other discount)

Mohonk Preserve

(845) 255-0919, ext. 243 ~ Route 44/55 Gardiner, NY

Visitor Center Hours: 9-5, Trails Open Dawn to Dusk

\$10.00 off total membership package. The Preserve also offers a senior discount on annual memberships. (Not to be combined with any other discount)

Other Senior Discounts

The Gold Fox Restaurant

845-255-3700

10% off for seniors—not to be combine with other discounts

Roots & Wings

845-255-2278

10% Discount available from Puja Thomson for energy healing and/or massage, and for “*After Shock; From Cancer Diagnosis to Healing*”

Shoprite

845-255-5015

5% discount with Price Plus Card for Customers age 65 and older on Tuesdays

Country Maids Cleaning and Concierge Service

845-895-3132 or 845-626-5639

10% off all services for first year for new accounts for customers 65 and older

Craig Thomas Pest Control

845-338-5847

10% off for customers age 65 and older for any new service—not to be combined with any other discount.

New Paltz Travel Center

845-255-7706

Contact Colleen for information on discounted tours and travel packages for seniors.

EMERGENCY NUMBERS

Dial 911 on either a landline or your cell phone for all fire, police, and medical emergencies.

Electric/Gas emergencies contact:

Central Hudson Gas and Electric at (845) 452-2700
or (800) 527-2714

For gas odors dial (800) 942-8274

Poison Control: (800) 222-1222

All of the above are available 24/7.

PERSONAL EMERGENCY CONTACT NUMBERS

Please use the space below to fill in your personal emergency contact numbers.

Next of Kin: _____

In Case of Emergency: _____

Primary Physician: _____

Caretaker: _____

Other: _____

Other: _____